



EGD Prep Instructions

Please let us know if you:

Let us know if you have any of the following conditions as you may need special instructions:

- Are taking **Coumadin**, **Plavix** or any other blood thinner
- Are **Diabetic** or may be **Pregnant**
- Had a **Heart Attack** or **Stroke** in the past six months
- Have a **Pacemaker**, **Heart Defibrillator**, **COPD**

You will need someone to stay with you at the outpatient surgery center during your procedure. They also must be a licensed driver to drive you home.

Date _____ Time of Arrival _____

Colonoscopy And Endoscopy Center
7211 North Main Street, Suite 3
Dayton, OH 45415

Sycamore Medical Center
4000 Miamisburg Centerville Rd
Miamisburg, OH 45342

Soin Hospital Surgery Center
3535 Pentagon Blvd
Beaverceek, OH 45431

Be sure to follow these instructions below or your procedure may be cancelled.

Prep Instructions:

- **DO NOT EAT ANY FOOD after 12 midnight the night before your procedure.**
- You **can** have only clear liquids until **5 hours** before your arrival time. (See the list below. No alcoholic drinks)

Things You Can have on a Clear Liquid Diet up to 5 hours prior to your procedure.
Water , Gatorade/PowerAde, white grape juice, apple juice, Kool-Aid, soda pop such as 7up (no colas). All drinks should be light in color, nothing red, green or purple. Clear, broth or bouillon. (no noodles or meat). Jell-O (no fruit), popsicles, hard candies.

Be sure to take your heart, blood pressure, seizure and any other important medications with a very small amount of water at least 3 hours prior.

When you are scheduled for an EGD with one of our physicians there is a designated time saved just for you. In addition, coordination of staff is needed including schedulers, pre-admission testing, nurses, techs, anesthesia and many others. **If you need to reschedule your procedure date, please do so 3 days prior to your scheduled procedure or a \$100.00 fee will be charged.**