



Gandhi GI, LLC

Ramesh K. Gandhi, M.D.

937.350.6700

For additional prep instructions visit
our website at www.GandhiGi.com

Colonoscopy NULYTELY Two Day Prep Instructions

Date of Procedure: _____ Time of Arrival: _____

- ☐ **Samaritan North Surgery Center** – 9000 North Main Street, Dayton, OH 45415 (937) 734-5900
- ☐ **Elizabeth Place Outpatient Surgery Center** – 1 Elizabeth Place, Dayton, OH 45408 (937)
- ☐ **The Bidwell Surgery Center** – 5950 Innovation Drive, Franklin, OH 45005 (513)261-6200
- ☐ **Sycamore Hospital** - 4000 Miamisburg Centerville Road, Miamisburg, OH 45342 (937) 866-0551
- ☐ **Kettering Medical Center** - 3535 Southern Blvd, Kettering, OH 45429 (937) 298-4331
- ☐ **Soin Medical Center** – 3535 Pentagon Blvd, Beavercreek, OH 45431 (937) 702-4000

Be sure to read these instructions carefully to ensure a successful preparation for your colonoscopy. **For questions regarding this prep call (937) 350-6700.** You may have to leave a message after 5:00 pm but your call will be returned promptly.

Let us know if you have any of the following
as you may need special instructions:

- Are taking Coumadin, Plavix or any other blood thinner
- Are diabetic or pregnant
- Had a heart attack or stroke in the last six months
- Have an artificial heart valve or heart defibrillator

Colonoscopy Prep Needed

Purchase Nulytely Prep Solution
from your pharmacy with
prescription provided or sent to
your pharmacy

Step by Step Prep Instructions

7 days before your procedure: Stop taking iron supplements.

2 days before your procedure: Date: _____ Start on a **LOW Residue Diet** and continue the entire day – see separate diet sheet. Drink plenty of fluids

One Day before your procedure: Date: _____

- Start on **ZERO** residue diet for breakfast and lunch – see separate diet sheet



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- **Starting at 2:00 pm – 4:00 pm begin a clear liquid diet**– see separate diet sheet (do not eat any solid foods)
- **From 4:00 – 6:00 pm do not eat or drink anything.**

1st Dose of Nulytely Prep

- **At 6:00 pm** start drinking as directed below
- Mix the prep solution by adding water to the fill line. If you prefer to drink it cold, refrigerate approximately 4 hours prior.
- Drink 8 ounces every 15 minutes for a total of 8 glasses.
- It will take approximately two hours to finish this dose.
- Continue to drink clear liquids to remain well hydrated until the second part of the prep.

DAY OF PROCEDURE

2nd Dose of Nulytely Prep – 4 hours prior to your arrival time start the 2nd dose

- Repeat same as 1st dose by drinking 8 ounces every 15 minutes for a total of 8 glasses.
- Do not have anything to eat or drink after finishing the 2nd part of the prep.
- Do not chew gum.

If you feel nauseated or vomit while drinking the prep and you have not finished the entire dose, stop drinking any prep until the nausea/vomiting subsides for 1 hour. Then restart the prep.

If you are not able to finish call (937)350-6700 for further instructions.

- * **Do not eat or drink anything 3 hours prior to your arrival time.**
- * **You may take heart, blood pressure and seizure medications up to 3 hours prior to your arrival time with a small amount of water.**
- * **Do not take your medications while drinking the prep.**
- * **Be sure to have a licensed driver to drive you home.**